


KITTANNNG

724-543-2773

November

Armstrong

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Baked Crab Cake 1c Tomato Basil Bisque 1/2c California Blend Vegetables White Bread 1/2c Cinnamon Apple Slices</p>
<p><i>*menu subject to change</i></p>				
<p>4</p> <p>Chicken & Dumplings 1/2c Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Fruit</p>	<p>5</p> <p>Baked Cabbage Roll w/ 2oz Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Fresh Fruit</p>	<p>6</p> <p>Hot Dog 1/2c Cheesy Potatoes 1 Hot Dog Roll 1 Cupcake Ketchup, Mustard, Relish</p> <p><i>Birthdays</i></p>	<p>7</p> <p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Gelatin</p>	<p>8</p> <p>Pasta & Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad</p>
<p>11</p> <p>VETERANS DAY CLOSED</p>	<p>12</p> <p>Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll 1/2c Blushed Pears</p>	<p>13</p> <p>1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread 1/2c Warm Applesauce</p>	<p>14</p> <p>Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple</p>	<p>15</p> <p>Baked Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Fresh Fruit</p>
<p>18</p> <p>Sloppy Joe 1/2c Roasted Sweet Potatoes 1/2c Green Beans 1 Hamburger Bun Fresh Fruit</p>	<p>19</p> <p>Popcorn Chicken w/ Gravy 1/2c Whipped Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches</p>	<p>20</p> <p>Turkey w/Gravy 1/2c Stuffing 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1oz Cranberry Sauce 1/2c Pumpkin Mousse</p>	<p>21</p> <p>Stuffed Pepper w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding</p>	<p>22</p> <p>Chicken Alfredo 1/2c Noodles 1/2c Broccoli 1 Garlic Breadstick 1/2c. Warm Apple Cranberry Crisp</p>
<p>25</p> <p>Sliced Ham 1/2c Orange Blossom Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1 Cookie</p>	<p>26</p> <p>Chicken Bacon Carbonara (3oz Chicken, 1/2oz Bacon) 1/2c Pasta 1/2c California Blend Vegetables 1 Breadstick 1/2c Mandarin Oranges</p>	<p>27</p> <p>Tuna Salad Sandwich (4oz) 1c Roasted Pumpkin Soup 1/2c Coleslaw 2 White Bread Fresh Fruit</p>	<p>28</p> <p>Thanksgiving DAY CLOSED</p>	<p>29</p> <p>CLOSED</p>