



2023

March

Elderton Senior Center
724-354-4341

Monday	Tuesday	Wednesday	Thursday	Friday	
		<p style="text-align: right;">1</p> Pot Roast w/Gravy 1/2c. Mashed Potatoes 1/2c. Carrots Italian Bread Cookie	<p style="text-align: right;">2</p> Creamy Parmesan Pork Chop 1/2c. Diced Redskin Potatoes 1/2c. Green Beans 1 Dinner Roll 1/2c. Pineapple Tidbits Cookie	3	
6	7	<p style="text-align: right;">8</p> SPECIAL MEAL Hot Dog w/Bun 1/2c. Cheesy Mashed Potatoes 1/2c. Baked Beans Mixed Fruit Cup Birthday Cupcake	<p style="text-align: right;">9</p> Salisbury Steak w/Gravy Baked Potato w/Margarine 1/2c. Broccoli 1 Wheat Bread 1/2c. Gelatin	10	
13	14	<p style="text-align: right;">15</p> 1c. Chili 1/2oz. Cheddar Cheese 1c. Tossed Salad w/Tomato Cornbread 1/2c. Applesauce	<p style="text-align: right;">16</p> Taco Salad (3oz. Taco Meat, .5oz. Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c. Corn w/Pimentos 1/2c. Pineapple	17	
20	21	<p style="text-align: right;">22</p> Turkey Chef Salad (2oz. Turkey, Egg, Cheddar, over 1c. Mixed Greens w/Tomato) 1c. Vegetable Soup 1 Dinner Roll 1/2c. Gelatin	<p style="text-align: right;">23</p> Sloppy Joe 1/2c. Ranch Roasted Potatoes 1/2c. Green Beans 1 Hamburger Bun Fresh Fruit	24	
	27	28	<p style="text-align: right;">29</p> Glazed Ham w/Fruit Sauce 1/2c. Whipped Sweet Potatoes 1/2c. Peas & Carrots 1 Dinner Roll Cookie	<p style="text-align: right;">30</p> Moroccan Beef 1/2c. Vegetable Rice 1/2c. Oriental Vegetables Wheat Bread 1/2c. Mandarin Oranges	31

To reserve a meal, please call your local center at the number listed above or the Area Agency on Aging office 724-548-3290 or 800-368-1066 by 11:00 the day before.

*Special meal requires a reservation by 11:00 a.m., three working days in advance. Please call your local center at the number listed above or the Area Agency on Aging office 724-548-3290 or 800-368-1066.