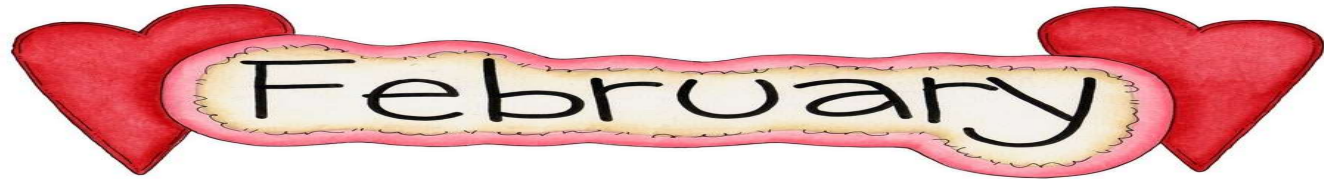















# Kittanning



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>3</b></p> <p>Cottage Pie 1/4c. Mashed Potatoes 1/2c. Coleslaw WG Biscuit 1/2c. Warm Cinnamon Applesauce.</p> 	<p><b>4</b></p> <p>Hot Dog 1/2c. Scalloped Potatoes 1/2c. Peas Hot Dog Roll Mustard Pkt 1/2c. Pears</p>	<p><b>5</b></p> <p>Greek Chicken Salad Chicken, Blk Olives, Red Onion, Tomato, &amp; Mozzarella Cheese 1c. Mixed Greens w/Dressing 1c. Wedding Soup w/Crackers Dinner Roll Birthday Cupcake</p> 	<p><b>6</b></p> <p>Baked Ham w/Raisin Sauce 1/2c. Whipped Sweet Potatoes 1/2c. Pickled Beets White Bread Fresh Fruit</p> 	<p><b>7</b></p> <p>6oz. Creamy Chicken Divan Over 1/2c. White Rice 1c. Tossed Salad w/Tomato &amp; Drsg Breadstick 1/2c. Peaches</p>
<p><b>10</b></p> <p>Smokey BBQ Burger topped w/Cheddar, BBQ Sauce, Crispy Onions 1c. Creamy Cauliflower Soup w/Crackers Sandwich Roll Fresh Seasonal Fruit</p>	<p><b>11</b></p> <p>1c. Chicken &amp; Biscuit 1/2c. Pepper Slaw Whole Grain Buttermilk Biscuit 1/2c. Peaches</p> 	<p><b>12</b></p> <p>Sweet &amp; Sour Roasted Pork Loin 1/2c. Blended Rice Pilaf 1/2c. Green Beans WG Dinner Roll 1/2c. Mixed Fruit</p>	<p><b>13</b></p> <p>Roasted Turkey w/Gravy 1/2c. Whipped Potatoes w/Chives 1/2c. Mixed Vegetables White Bread 1/2c. Applesauce</p> 	<p><b>Happy Valentine's Day</b> Baked Meatloaf Marinara w/Mozzarella Topping Baked Potato w/Sour Cream 1/2c. Peas Dinner Roll 1/2c. Strawberry Mousse</p>
<p><b>17</b></p> <p> <b>CENTER CLOSED</b></p>	<p><b>18</b></p> <p>BBQ Pulled Pork 1/2c. Seasoned Potatoes 1/2c. Lima Beans Sandwich Roll 1/2c. Sliced Apples</p>	<p><b>19</b></p> <p>Chicken Caesar Club w/Lettuce, Tomato, Cheese 1c. Creamy Broccoli Soup w/Crackers Sandwich Roll 1/2c. Blushed Pears</p> 	<p><b>20</b></p> <p>3/4c. Baked Ziti w/3 Meatballs Marinara Sauce &amp; .5oz. Cheese 1c. Tossed Salad w/Cucumber &amp; Drsg Garlic Breadstick 1/2c. Mixed Fruit Salad</p>	<p><b>21</b></p> <p>1c. Seafood Mac &amp; Cheese 1/2c. Stewed Tomatoes WG Dinner Roll Fresh Fruit</p> 
<p><b>24</b></p> <p>Chicken Taco Salad w/Sour Cream &amp; Lettuce 1/2c. Seasoned Corn &amp; Blackbeans 1/2c. Seasoned Rice Fresh Fruit</p>	<p><b>25</b></p> <p>Baked Cabbage Roll w/2oz. Tomato Sauce 1/2c. Garlic Whipped Potatoes 1/2c. Carrots Cinnamon Raisin Bread Pudding</p>	<p><b>Ash Wednesday</b> Breaded Fish Sandwich w/Lettuce, Tartar 1c. Creamy Vegetable Chowder w/Crackers WG Sandwich Roll 1/2c. Mixed Fruit</p>	<p><b>27</b></p> <p>Lemon Pepper Chicken w/Gravy 1/2c Vegetable Rice Pilaf 1/2c. Green Beans Wheat Bread Fresh Fruit</p>	<p><b>28</b></p> <p>Baked Vegetable Lasagna w/Vegetable Cream Sauce 1c. Tossed Salad w/Egg, Drsg Garlic Breadstick 1/2c. Sliced Apples</p>
	<p><b>*Menu Subject to Change*</b></p> 			

To reserve a meal, please call your local center by 11:00 the day before or call the Area Agency on Aging office 724-548-3290 or 800-368-1066.

