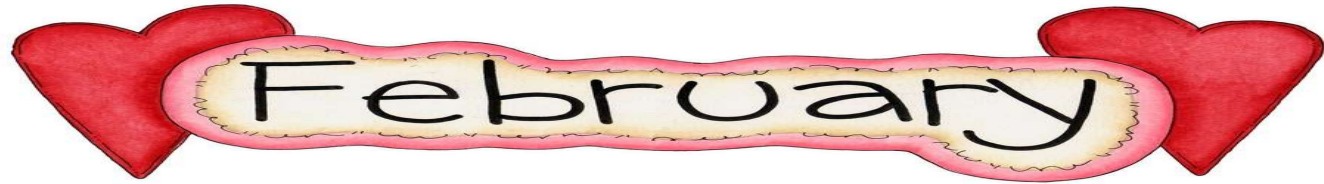















Freeport



| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|--|--|---|--|---|
| <p>3</p> <p>Cottage Pie 1/4c. Mashed Potatoes 1/2c. Coleslaw WG Biscuit 1/2c. Warm Cinnamon Applesauce.</p>  | <p>4</p> <p>Hot Dog 1/2c. Scalloped Potatoes 1/2c. Peas Hot Dog Roll Mustard Pkt 1/2c. Pears</p> | <p>5</p> <p>Greek Chicken Salad Chicken, Blk Olives, Red Onion, Tomato, & Mozzarella Cheese 1c. Mixed Greens w/Dressing 1c. Wedding Soup w/Crackers Dinner Roll Birthday Cupcake</p>  | <p>6</p> <p>Baked Ham w/Raisin Sauce 1/2c. Whipped Sweet Potatoes 1/2c. Pickled Beets White Bread Fresh Fruit</p>  | <p>7</p> <p>6oz. Creamy Chicken Divan Over 1/2c. White Rice 1c. Tossed Salad w/Tomato & Drsg Breadstick 1/2c. Peaches</p> |
| <p>10</p> <p>Smokey BBQ Burger topped w/Cheddar, BBQ Sauce, Crispy Onions 1c. Creamy Cauliflower Soup w/Crackers Sandwich Roll Fresh Seasonal Fruit</p> | <p>11</p> <p>1c. Chicken & Biscuit 1/2c. Pepper Slaw Whole Grain Buttermilk Biscuit 1/2c. Peaches</p>  | <p>12</p> <p>Sweet & Sour Roasted Pork Loin 1/2c. Blended Rice Pilaf 1/2c. Green Beans WG Dinner Roll 1/2c. Mixed Fruit</p> | <p>13</p> <p>Roasted Turkey w/Gravy 1/2c. Whipped Potatoes w/Chives 1/2c. Mixed Vegetables White Bread 1/2c. Applesauce</p>  | <p>Happy Valentine's Day Baked Meatloaf Marinara w/Mozzarella Topping Baked Potato w/Sour Cream 1/2c. Peas Dinner Roll 1/2c. Strawberry Mousse</p> |
| <p>17</p> <p> CENTER CLOSED</p> | <p>18</p> <p>BBQ Pulled Pork 1/2c. Seasoned Potatoes 1/2c. Lima Beans Sandwich Roll 1/2c. Sliced Apples</p> | <p>19</p> <p>Chicken Caesar Club w/Lettuce, Tomato, Cheese 1c. Creamy Broccoli Soup w/Crackers Sandwich Roll 1/2c. Blushed Pears</p>  | <p>20</p> <p>3/4c. Baked Ziti w/3 Meatballs Marinara Sauce & .5oz. Cheese 1c. Tossed Salad w/Cucumber & Drsg Garlic Breadstick 1/2c. Mixed Fruit Salad</p> | <p>21</p> <p>1c. Seafood Mac & Cheese 1/2c. Stewed Tomatoes WG Dinner Roll Fresh Fruit</p>  |
| <p>24</p> <p>Chicken Taco Salad w/Sour Cream & Lettuce 1/2c. Seasoned Corn & Blackbeans 1/2c. Seasoned Rice Fresh Fruit</p> | <p>25</p> <p>Baked Cabbage Roll w/2oz. Tomato Sauce 1/2c. Garlic Whipped Potatoes 1/2c. Carrots Cinnamon Raisin Bread Pudding</p> | <p>Ash Wednesday Breaded Fish Sandwich w/Lettuce, Tartar 1c. Creamy Vegetable Chowder w/Crackers WG Sandwich Roll 1/2c. Mixed Fruit</p> | <p>27</p> <p>Lemon Pepper Chicken w/Gravy 1/2c Vegetable Rice Pilaf 1/2c. Green Beans Wheat Bread Fresh Fruit</p> | <p>28</p> <p>Baked Vegetable Lasagna w/Vegetable Cream Sauce 1c. Tossed Salad w/Egg, Drsg Garlic Breadstick 1/2c. Sliced Apples</p> |
|  | <p>*Menu Subject to Change*</p>  |  |  |  |

To reserve a meal, please call your local center by 11:00 the day before or call the Area Agency on Aging office 724-548-3290 or 800-368-1066.

