
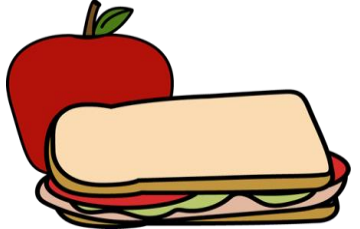


2021

# September

Dayton  
814-257-0103

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>Grilled Chicken Caesar Salad</b> 1c. Mix Greens w/Diced Chicken, Parm., Tomato, Croutons, Drs. 1c. Pasta Florentine Soup w/Crk. WG Dinner Roll 1/2c. Mixed Fruit	2 <b>Orange Glazed Pork Loin</b> 1/2c. Blended Rice 1/2c. California Blend Wheat Bread 1/2c. Pineapple Tidbits	3 <b>Special Meal</b> <b>Kielbasa w/2oz. Sauerkraut</b> 1/2c. Garlic Mashed Potatoes 1/2c. Creamy Coleslaw White Bread Ice Cream Apples
6 <b>CENTER CLOSED</b> <b>Labor Day</b> 	7 <b>Western Omelet</b> Ham, Peppers, Onions, Cheese 1/2c. Breakfast Potatoes WG English Muffin w/Jelly 4oz. Orange Juice	8 <b>4 Sweet &amp; Sour Meatballs</b> 1/2c. Blended Rice 1/2c. Creamy Coleslaw Wheat Bread 1/2c. Mixed Fruit	9 <b>BBQ Glazed Turkey Burger</b> w/Cheddar 1c. Broccoli Soup w/Crackers Sandwich Bun Fresh Fruit	10 <b>Baked Meatloaf w/Gravy</b> 1/2c. Whipped Potatoes 1/2c. Creamed Corn Wheat Bread 1/2c. Sherbet
13 <b>Potato Crusted Fish</b> 1/2c. Tuscan Mac & Cheese 1/2c. Italian Green Beans Wheat Bread Fresh Fruit	14 <b>Salisbury Steak w/Gravy</b> 1/2c. Cheddar Whipped Potatoes 1/2c. Corn & Pimentos White Bread 1/2c. Pears	15 <b>Special Meal</b> <b>Boxed Picnic Lunch</b> Turkey/Swiss on Croissant Lett/Tom/Mayo on side Baked Beans Pasta Salad Potato Chips/Ice Cream Cookie Fruit Cup/Iced Tea	16 <b>Baked Cabbage Roll w/Sauce</b> 1/2c. Garlic Whipped Potatoes 1/2c. Carrots WG Dinner Roll Strawberry Shortcake	17 <b>Chicken Marsala w/2oz. Gravy</b> 1/2c. Pasta 1/2c. Brussel Sprouts Wheat Bread 1/2c. Mixed Fruit
20 <b>Cheeseburger</b> 1/2c. BBQ Butterbeans 1/2c. Macaroni Salad Sandwich Bun Fresh Fruit	21 <b>Chicken Cobb Salad</b> Diced Chicken, Egg, Bacon Bits, Cheddar over 1c. Mixed Greens 1c. Barley Veggie Soup w/Crk. WG Dinner Roll 1/2c. Sunset Peaches	22 <b>Pulled Pork Sandwich</b> 1/2c. Hawaiian Coleslaw 1/2c. Ranch Potatoes Sandwich Bun Cookie	23 <b>Parmesan Chicken over</b> 3/4c. Lemon Asparagus Pasta 1c. Tossed Salad w/Tomato & Dressing 1/2c. Applesauce	24 <b>Pot Roast</b> 1/2c. Whipped Potatoes & Gravy 1/2c. Carrots Wheat Bread 1/2c. Pears
27 <b>Baked Breaded Chicken Cutlet</b> 1/2c. Scalloped Potatoes 1/2c. Tomato & Cucumber Salad White Bread 1/2c. Fruited Gelatin	28 <b>Tuna Salad Sandwich</b> w/Lettuce & Tomato 1c. Lentil Soup w/Crackers Sandwich Bun Fresh Fruit	29 <b>Sweet Sausage Minestrone</b> Peppers, Onions, Zucchini, Tomatoes over 3/4c. Pasta 1c. Tossed Salad w/Cuke & Drs. WG Dinner Roll Fresh Fruit	30 <b>Baked Meatloaf w/Gravy</b> 1/2c. Baked Potato w/Margarine 1/2c. Wax Beans Wheat Bread Cookie	

To reserve a meal, please call your local center at the number listed above or the Area Agency on Aging office 724-548-3290 or 800-368-1066 by 11:00 the day before.

\*Special meal requires a reservation by 11:00 a.m., three working days in advance. Please call your local center at the number listed above or the Area Agency on Aging office 724-548-3290 or 800-368-1066.