

MARCH

**Brady's Bend
724-526-5110**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Lasagna w/Meatsauce Topped w/Mozzarella 1c. Tossed Salad w/Cucumber & Dressing Breadstick 1/2c. Peaches</p>	<p>2</p>	<p>3</p> <p>1c. Red Chili 1c. Tossed Salad w/Tomato & Dressing 1/2c. Baked Potato w/Marg. WG Mini Biscuit Birthday Cupcake</p>	<p>4</p>	<p>5</p>
<p>8</p> <p>Country Fried Chicken w/Creamy Gravy 1/2c. Whipped Potatoes w/Chives 1/2c. Mixed Vegetables Wheat Bread Fresh Fruit</p>	<p>9</p>	<p>10</p> <p>Chicken Alfredo over 3/4c. Pasta 1c. Tossed Salad w/Tomato & Dressing Italian Bread 1/2c. Pineapple Tidbits</p>	<p>11</p>	<p>12</p>
<p>15</p> <p>Hot Dog 1/2c. Scalloped Potatoes 1/2c. Peas Hot Dog Bun Mustard PC 1/2c. Pears</p>	<p>16</p>	<p>17</p> <p>St. Patrick's Day Special Corned Beef & Cabbage 1/2c. Parsley Potatoes 1/2c. Carrots Wheat Bread Lime Sherbet</p>	<p>18</p>	<p>19</p>
<p>22</p> <p>3/4c. Baked Ziti w/.5oz. Cheese Topping 3 Meatballs Marinara 1c. Tossed Salad w/Cucumber & Dressing Garlic Breadstick 1/2c. Mixed Fruit</p>	<p>23</p>	<p>24</p> <p>Chicken Caesar Club w/Lettuce, Tomato, Chs, Cond. 1/2c. Ranch Potatoes 1/2c. Broccoli 1/2c. Blushed Pears Sandwich Bun</p>	<p>25</p>	<p>26</p>
<p>29</p> <p>Smokey BBQ Burger w/Chedd., BBQ, Crispy Onions 1/2c. Cheesy Potatoes 1/2c. Coleslaw Sandwich Bun Fresh Fruit</p>	<p>30</p>	<p>31</p> <p>Open Face Hot Turkey w/Gravy 1/2c. Whipped Potatoes w/Chives 1/2c. Mixed Vegetables White Bread 1/2c. Applesauce</p>		

To reserve a meal, please call your local center or the Area Agency on Aging Office 724-548-3290 or 800-368-1066 by 11:00 the day before.