Armstrong County Health Center
265 South McKean Street
Kittanning, PA 16201
Phone: 724-548-2222; Fax: 724-548-1103
David Mansour, Administrator

The Armstrong County Health Center is a skilled nursing facility located in downtown Kittanning, Pennsylvania. We have been providing the highest quality of nursing care in Armstrong County for over 30 years.

Our Medical Director, Dr. Terrence Moore, visits with residents regularly along with Dr. Richard Mercurio, and Dr. Philip Gelacek and Associates. If your own physician is agreeable, you may choose him or her for your care. Nursing staff, including at least one RN, is on duty 24 hours a day, 7 days a week.

Armstrong County Health Center accepts most insurance plans including Medicare, Security Blue, Freedom Blue, Blue Cross and Medical Assistance programs. For more information about the programs and services offered at the Armstrong County Health Center, please contact Suzanne Hogamier or Sheri Fitzgerald at 724-548-2222 ext. 251 to arrange a visit or tour of the facility.

Adult Day Care

The Health Center's Adult Day Care program provides a warm and friendly environment for our area seniors to interact with and enjoy fellowship of others. Located on the first floor of the Health Center, this homelike atmosphere features comfortable furnishings, dining area, large screen television and activity space.

Adult Day Care provides a change in scenery, stimulation and socialization for individuals who

require care and supervision and provides caregivers a well-deserved break. Whether you are here one or 40 hours a week, activities of interest are planned daily to meet individual needs. For the convenience of our Adult Day Care residents, the Health Center also features an in-house full service barber and beauty shop. Physician ordered rehabilitation services are also available on site.

The Adult Day Care Program at the Armstrong County Health Center is an affordable service with financial assistance available to those who qualify. If you would like more information or a tour of the Adult Day Care Program please contact Darlene Miller at x219.

Stop in for a visit...our door is always open.

Independent Living Suites

Independent Living can open up a whole new world for older citizens. You no longer have to worry about snow removal, maintenance, and mowing the lawn. Property taxes, insurances and utilities are also no longer a worry.

At Armstrong Suites you can enjoy the pleasure of others' company and maintain the independence and freedom you desire in your older years. The suites are a six-suite, independent living community located in the Armstrong County Health Center in Kittanning.

Two of the six suites offer a choice of double occupancy and each suite is fully furnished, with the option of bringing a few pieces of your furniture. The suites feature their own entrance via a private elevator and phone security. Each suite includes a bedroom, bathroom and kitchen area with a small refrigerator, stove top and microwave. We will provide three meals a day, if you choose.

The Armstrong Suites offer a shared dining area, living room with a full-size television, laundry room and private storage facility for the resident's convenience. The dining area is fully furnished with full-size dining room tables, refrigerator, oven and dishwasher. You may enjoy this space with other residents or family and friends.

To learn more about the Armstrong Suites, please contact Janice Ochs at the Health Center at 724-548-2222, ext. 201.

On-Site Rehabilitation

Sundance Rehabilitation provides the Rehabilitation Therapy program at the Armstrong County Health Center. Our rehab wing features state-of-the-art electronic and computerized equipment. Our licensed, professional staff of therapists can develop an individualized program to meet your rehabilitation needs.

Services include:

- Physical Therapy
- Wound Care Management
- Occupational Therapy
- E-Stim and Vital Stim
- Speech Pathology
- Outpatient Therapy.

Our new outpatient rehabilitation program has opened its doors to everyone in the community. Ask your physician to specify ACHC for your rehabilitation needs.

Snack Bar

The ACHC Snack Bar is a welcoming environment where families often come to visit with residents or enjoy a meal. Hours are Monday through Friday from 8 am until 2 pm. Also open to the public, breakfast and lunch are served from a full menu of items.

Therapeutic Activities

Activities are offered daily to residents and cover a wide array of interests. Some of our activities include; Bingo, crafts, coffee club, movies, music and more! Various denominations of church services are offered also. Residents are encouraged to attend and socialize with other residents who are also participating. ACHC features a wheel chair accessible van to transport

residents who are able to travel on trips into the community. Our residents enjoy shopping trips to various malls, train rides, community fairs and festivals. A monthly activity schedule is posted on each unit, detailing the day's activites.

Volunteer Opportunities

ACHC welcomes individuals or groups to volunteer in a variety of ways. Our residents enjoy visitors as well as performances and various types of entertainment. To learn more about our volunteer opportunities, please contact Debbie Cornman, ext. 217 or Hannah Megown, ext. 212.

Other Services

- On-site beautician services
- Spacious dining room and entertainment room
- Wanderguard system
- Air conditioning
- Cable television available
- Telephone hook-ups available
- Outdoor courtyard