

The Armstrong County Area Agency on Aging provides services to Armstrong County residents primarily age 60 and over, governed by the Older Americans Act and in accordance with the PA Department of Aging regulations. There is a mandatory cost sharing requirement associated with certain services, which may affect some consumers. (Home-Delivered Meals are exempt from cost sharing). The following services are available through the Agency on Aging directly or through subcontract:

Please note: Individual brochures are available on request for most services listed providing detailed information.

APPRISE PROGRAM:

Offers medical insurance counseling by appointment.

***ASSESSMENT:**

Provides assessment, care management and services to eligible persons needing assistance to maintain independent living within the community, as well as to those who wish to access placement in a facility.

◇ ***SPECIALIZED UNIT:**

Provides pre-admission assessments to determine level of care for persons age 18 and over, applying for Medicaid Assistance for nursing home care or for those persons currently receiving or requesting SSI Supplements for Personal Care Homes or Domiciliary Care Home placement. Pre-admission assessments are also completed for all nursing home applicants.

***CARE MANAGEMENT:**

Provides an in-home visit by a Care Manager for those persons age 60 and over, to complete an assessment for those requesting general services in the community.



OLDER WORKER EMPLOYMENT SERVICES:

Assists age 55+ with employment exploration, job counseling, referrals, on-the job training placement and follow-up. Program goal is to obtain and retain employment. Operated under the Title V Senior Community Services Employment Program. Income and eligibility restrictions apply.

***FAMILY CAREGIVER & GRANDPARENTING PROGRAM:**

Responds directly to the needs of individuals acting as caregivers for a relative age 60 or older; possibly for grandparents who are caregivers of grandchildren 18 years and younger, to reinforce and support the care provided to the care receiver (caregiver residency requirements may apply.) This program uses (when applicable) both State and Federal funds to provide the following services: assessments of the caregiver, care receiver and home environment, caregiver education, limited financial assistance with pre-approved caregiving services, supplies, assistive devices and home modifications as well as benefits counseling and referrals to family support and disease specific organizations.

***HOME-DELIVERED MEALS:**

Delivers meals on pre-established routes to homebound individuals, who are unable to cook for themselves, and have no other persons/resources available to them. Not affiliated with "Meals on Wheels" Program.

***HOME SUPPORT SERVICES:**

Provides assistance to authorized consumers who have been assessed and have been determined to have difficulty in carrying out activities of daily living. Services do not displace help provided by family, friends and other available supports. Home Support Services Include the three following areas:

- ◇ ***HOUSEKEEPING:** assistance with light house cleaning, laundry, errands.
- ◇ ***CHORE:** Provides non-professional assistance with chores such as install/remove storm windows/screens, remove fire or safety hazards and minor repairs.
- ◇ ***RESPIRE & COMPANION:** Offers caretaker relief, assistance with errands and contact to those isolated.

INFORMATION & REFERRAL:

Provides information on Agency services, help with benefits applications such as PACE or Rent/Property Tax Rebates, and provides information/referrals for other service agencies/providers.

LEGAL SERVICES:

Provides legal counseling and representation to those in greatest social and economical need, where other resources are not available in areas such as: wills, living wills, powers of attorney, tenant in tenant/landlord relations, representation for financial benefit, consumer complaints, bankruptcy and protection from abuse (PFA) and more. (Legal Services do not include any type of fee generating suits, property transfers, divorces, probating of wills, representation of landlord in disputes, and criminal cases).

***OMBUDSMAN PROGRAM:**

A trained worker investigates and resolves complaints for both long-term care providers and consumers of long term services. Providers include nursing homes, licensed personal care homes, formal and informal providers of in-home services. Consumers include those residing in facilities or in the community. Regular facility visits are also a component of this program.

OUTREACH:

Locates isolated seniors, via door-to-door contacts, providing information and linkage with appropriate Agency services.

***PERSONAL ASSISTANCE SERVICES:**

Provides intensive in-home services with personal care.

***PERSONAL CARE SERVICES:**

Provides services to consumers who are unable to fully meet their needs, such as bathing, grooming, dressing, and etc.

***PLACEMENT/DOMICILIARY CARE:**

Assistance in locating appropriate certified facilities for age 18+ who can't live independently, but who don't need nursing care. (A Domiciliary Care Home offers a family type setting).

***PROTECTIVE SERVICES (Elder Abuse):**

Provides specialized, trained casework staff to investigate and remedy situations of abuse, neglect, exploitation, and/or other circumstances creating an imminent risk of serious harm to person or possessions. Reports (anonymous if necessary), may be made 24 hours a day, seven days a week at (724)548-3290 or 1-800-732-6618.

SENIOR CENTER SERVICES:

Operates ten Senior Centers and two Satellite Centers throughout the county.

- ◇ Congregate meals— noontime hot meals meet 1/3 of recommended daily dietary allowances for older adults.
- ◇ Social and recreational activities.
- ◇ Educational programming.
- ◇ PrimeTime Health programs covering a range of health related topics.
- ◇ Health Screenings—regularly scheduled blood pressure and general health checks by R.N.
- ◇ Care Managers — regularly scheduled group presentations and individual meetings.

Contact your local center for congregate meal reservations. Reservations must be made one day in advance by 11:30 AM.

The following Centers are open Monday through Friday (normally 9:00 AM—2:00 PM)

APOLLO CENTER
Hose Co. #3
707A N. 5th St.
Apollo, PA 15613
(724)478-1410

FREEPORT CENTER
VFW Building
102 Fifth Avenue
Freeport, PA 16229
(724)295-4380

DAYTON CENTER
American Legion
134 N. Milton Street
(814)257-0103

KITTANNING CENTER
125 Queen Street
Kittanning PA 16201
(724)548-3275

FORD CITY CENTER
421 Ninth Street
Ford City, PA 16226
(724)763-2660

LEECHBURG CENTER
VFW Building
128 Market Street
Leechburg, PA 15656
(724)845-3134

RURAL VALLEY CTR.
Community Park
130 Barn Street
Rural Valley, PA 16249
(724)783-2270

WORTHINGTON CTR.
Civic Center
218 E. Main Street
Worthington, PA 16262
(724)297-3668

The following Centers are open as listed, generally from 9:00 AM to 2:00 PM:

ELDERTON CENTER
The Town Hall
11329 US Rte. 422
Elderton, PA 15736
(724)354-4341
Mon/Wed/Thurs.

PARKER CENTER
Community Building
204 S. Wayne Street
Parker, PA 16049
(724)399-2828
Mon/Tue/Wed/Thurs.

BRADY'S BEND SATELLITE CTR.
American Legion
975 State Rte.68
East Brady, PA 16028
(724)526-5110
Mon/Wed.

DISTANT SATELLITE CTR.
2239 Madison Road
Distant, PA 16223
(814)275-2101
Thursdays

TRANSPORTATION SERVICES:

◇ **CENTER:** Sponsors group transportation to and from the Apollo, Brady's Bend, Dayton, Distant, Elderton, Ford City, Kittanning, Leechburg, Rural Valley and Worthington Senior/Satellite Centers and for center related programs and activities. PLEASE NOTE: Need 24 hour-notice reservation. Rider co-pays apply for trips.

◇ **MEDICAL:** Sponsors transportation for medical services for persons:

- ◇ Age 65 and older
- ◇ Age 60+ with a life threatening illness
- ◇ Age 60+ who are Veterans

Medical trips are only sponsored for those who do not drive or have access to any other transportation. Trips available within Armstrong County and limited out-of-county locations. (Requires Agency preauthorization for referral.) PLEASE NOTE: Need 48 hour-notice prior to appointment. Rider co-pays apply for trips.

VOLUNTEER SERVICES:

Provides and promotes volunteer opportunities within the Agency network. Persons wishing to volunteer may be of any age.

*WAIVER PROGRAM:

This program funds extensive services in the homes of individuals as an alternative to nursing home placement. Those who meet income guidelines, are 60 years of age or older, and require nursing home level of care could be eligible. This program is a joint effort with the Dept. of Aging and Dept. of Public Welfare.

PLEASE NOTE: All Services marked by an * require assessment/eligibility through care management unit.

SPECIAL EVENTS:

National Volunteer Week—April
Older Americans Month—May
Senior Art Exhibit—May
Senior Games—June
Nat. Employ Older Worker Week—Sept.
Christmas Craft Bazaar—Nov./Dec.

BOARD OF COMMISSIONERS

David K. Battaglia, Chairman
Robert T. Bower
Richard L. Fink

The Armstrong Co. Area Agency on Aging is funded in part by the PA Department of Aging and the County Board of Commissioners.



Armstrong County Area Agency on Aging



SERVICES PROGRAMS

326 S. Water St., Suite 1
Kittanning, PA 16201

(724)548-3290
(800)368-1066

Email:

aaa@co.armstrong.pa.us

Web Site:

www.co.armstrong.pa.us

Janet D. Talerico, Executive Director

going strong