

The Armstrong County Area Agency on Aging provides services to Armstrong County residents primarily age 60 and over, governed by the Older Americans Act and in accordance with the PA Department of Aging regulations. There is a mandatory cost sharing requirement associated with certain services, which may affect some consumers. (Home-Delivered Meals are exempt from cost sharing). The following services are available through the Agency on Aging directly or through subcontract:

Please note: Individual brochures are available on request for most services listed providing detailed information.

#### APPRISE PROGRAM:

Medical insurance counseling by appointment.

#### \*ASSESSMENT:

Provides assessment, care management and services to eligible persons needing assistance to maintain independent living within the community, as well as to those who wish to access placement in a facility.

#### ◇ \*SPECIALIZED UNIT:

Provides pre-admission assessments to determine level of care for persons age 18 and over, applying for Medicaid Assistance for nursing home care or for those persons currently receiving or requesting SSI Supplements for Personal Care Homes or Domiciliary Care Home placement. Pre-admission assessments are also completed for all nursing home applicants.

#### \*CARE MANAGEMENT:

Provides an in-home visit by a Care Manager for those persons age 60 and over, to complete an assessment for those requesting general services in the community.

#### NURSING HOME TRANSITION ASSISTANCE:

Offers nursing home residents the alternative to live in a home environment with the assistance of home and community based services. A person must be able to either independently or with support, direct their care, and handle financial and legal matters.

#### SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM:

Assists age 55+ with employment exploration, job counseling, referrals, on-the-job training placement and follow-ups. Program goal is to obtain and retain employment. This program is operated under a USDOL grant and in cooperation with Senior Services America Inc. The SCSEP program is an equal opportunity program. Income & eligibility restrictions apply.

#### \*FAMILY CAREGIVER & GRANDPARENTING PROGRAM:

Assists in the needs of individuals acting as caregivers for a relative age 60 or older; possibly for grandparents who are caregivers of grandchildren 18 years and younger, to reinforce and support the care provided to the care receiver (caregiver residency requirements may apply.) This program uses (when applicable) both State and Federal funds to provide the following services: assessments of the caregiver, care receiver and home environment, caregiver education, limited financial assistance with pre-approved caregiving services, supplies, assistive devices and home modifications as well as benefits counseling and referrals to family support and disease specific organizations.

#### \*HOME-DELIVERED MEALS:

Delivers meals on pre-established routes to homebound individuals, who are unable to cook for themselves, and have no other persons/resources available to them. Not affiliated with "Meals on Wheels" Program.

#### \*HOME SUPPORT SERVICES:

Provides assistance to authorized consumers who have been assessed and have been determined to have difficulty in carrying out activities of daily living. Services do not displace help provided by family, friends and other available supports. Home Support Services Include the three following areas:

- ◇ \*HOUSEKEEPING: assistance with light house cleaning, laundry, errands.
- ◇ \*CHORE: Provides non-professional assistance with chores such as install/remove storm windows/screens, remove fire or safety hazards and minor repairs.
- ◇ \*RESPITE & COMPANION: Offers caretaker relief, assistance with errands and contact to those isolated.

#### INFORMATION & REFERRAL:

Provides information on Agency services, help with benefits applications such as PACE or Rent/Property Tax Rebates, and provides information/referrals for other service agencies/providers.

#### LEGAL SERVICES:

Provides legal counseling and representation to those in greatest social and economical need, where other resources are not available in areas such as: wills, living wills, powers of attorney, tenant in tenant/landlord relations, representation for financial benefit, consumer complaints, bankruptcy and protection from abuse (PFA) and more. (Legal Services do not include any type of fee generating suits, property transfers, divorces, probating of wills, representation of landlord in disputes, and criminal cases).

#### \*OMBUDSMAN PROGRAM:

A trained worker investigates and resolves complaints for both long-term care providers and consumers of long term services. Providers include nursing homes, licensed personal care homes, formal and informal providers of in-home services. Consumers include those residing in facilities or in the community. Regular facility visits are also a component of this program.

#### OUTREACH:

Locates isolated seniors, via door-to-door contacts, providing information and linkage with appropriate Agency services.

#### \*PERSONAL ASSISTANCE SERVICES:

Provides intensive in-home services with personal care.

#### \*PERSONAL CARE SERVICES:

Provides services to consumers who are unable to fully meet their needs, such as bathing, grooming, dressing, and etc.

#### \*PLACEMENT/DOMICILIARY CARE:

Assistance in locating appropriate certified facilities for age 18+ who can't live independently, but who don't need nursing care. (A Domiciliary Care Home offers a family type setting).

#### \*PROTECTIVE SERVICES (Elder Abuse):

Provides specialized, trained casework staff to investigate and remedy situations of abuse, neglect, exploitation, and/or other circumstances creating an imminent risk of serious harm to person or possessions. Reports (anonymous if necessary), may be made 24 hours a day, seven days a week at (724)548-3290 or 1-800-732-6618.

**SENIOR CENTER SERVICES:**

Operates ten Senior Centers and two Satellite Centers throughout the county.

- ◇ Congregate meals— noontime hot meals meet 1/3 of recommended daily dietary allowances for older adults.
- ◇ Social and recreational activities.
- ◇ Educational programming.
- ◇ PrimeTime Health programs covering a range of health related topics.
- ◇ Health Screenings—regularly scheduled blood pressure and general health checks by R.N.
- ◇ Care Managers — regularly scheduled group presentations and individual meetings.

Contact your local center for congregate meal reservations. Reservations must be made one day in advance by 11:30 AM.

The following Centers are open Monday through Friday (normally 9:00 AM—2:00 PM)

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| <b>APOLLO CENTER</b><br>Hose Co. #3<br>707A N. 5th St.<br>Apollo, PA 15613<br>(724)478-1410              | <b>FREEPORT CENTER</b><br>VFW Building<br>102 Fifth Avenue<br>Freeport, PA 16229<br>(724)295-4380       |
| <b>DAYTON CENTER</b><br>American Legion<br>134 N. Milton Street<br>(814)257-0103                         | <b>KITTANNING CENTER</b><br>125 Queen Street<br>Kittanning PA 16201<br>(724)548-3275                    |
| <b>FORD CITY CENTER</b><br>421 Ninth Street<br>Ford City, PA 16226<br>(724)763-2660                      | <b>LEECHBURG CENTER</b><br>VFW Building<br>128 Market Street<br>Leechburg, PA 15656<br>(724)845-3134    |
| <b>RURAL VALLEY CTR.</b><br>Community Park<br>130 Barn Street<br>Rural Valley, PA 16249<br>(724)783-2270 | <b>WORTHINGTON CTR.</b><br>Civic Center<br>218 E. Main Street<br>Worthington, PA 16262<br>(724)297-3668 |

The following Centers are open as listed, generally from 9:00 AM to 2:00 PM:

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| <b>ELDERTON CENTER</b><br>The Town Hall<br>11329 US Rte. 422<br>Elderton, PA 15736<br>(724)354-4341<br>Mon/Wed/Thurs. | <b>PARKER CENTER</b><br>Community Building<br>204 S. Wayne Street<br>Parker, PA 16049<br>(724)399-2828<br>Mon/Tue/Wed/Thurs. |
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| <b>BRADY'S BEND SATELLITE CTR.</b><br>American Legion<br>975 State Rte.68<br>East Brady, PA 16028<br>(724)526-5110<br>Mon/Wed. | <b>DISTANT SATELLITE CTR.</b><br>2239 Madison Road<br>Distant, PA 16223<br>(814)275-2101<br>Thursdays |
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**TRANSPORTATION SERVICES:**

- ◇ **CENTER:** Sponsors group transportation to and from the Apollo, Brady's Bend, Dayton, Distant, Elderton, Ford City, Kittanning, Leechburg, Rural Valley and Worthington Senior/Satellite Centers and for center related programs and activities. PLEASE NOTE: Need 24 hour-notice reservation. Rider co-pays apply for trips.
- ◇ **MEDICAL:** Sponsors transportation for medical services for persons:
  - ◇ Age 65 and older
  - ◇ Age 60+ with a life threatening illness
  - ◇ Age 60+ who are Veterans

Medical trips are only sponsored for those who do not drive or have access to any other transportation. Trips available within Armstrong County out-of-county locations. (Requires Agency preauthorization for referral.) PLEASE NOTE: Need 48 hour-notice prior to appointment. Rider co-pays apply for trips.

**VOLUNTEER SERVICES:**

Provides and promotes volunteer opportunities within the Agency network. Persons wishing to volunteer may be of any age.

**\*AGING WAIVER PROGRAM:**

This program funds extensive services in the homes of individuals as an alternative to nursing home placement. Those who meet income guidelines, are 60 years of age or older, and require nursing home level of care could be eligible. This program is a joint effort with the Dept. of Aging and Dept. of Public Welfare.

**PLEASE NOTE: All Services marked by an \* require assessment/eligibility through care management unit.**

**SPECIAL EVENTS:**

- National Volunteer Week—April
- Older Americans Month—May
- Spelling Bee—May
- Senior Art Exhibit—May
- Senior Games—June
- All Centers' Picnic—Aug./Sept.
- Nat. Employ Older Worker Week—Sept.

**BOARD OF COMMISSIONERS**

- David K. Battaglia, Chairman
- Robert T. Bower
- Richard L. Fink

The Armstrong Co. Area Agency on Aging is funded in part by the PA Department of Aging and the County Board of Commissioners.

# ARMSTRONG COUNTY AREA AGENCY ON AGING



## SERVICES PROGRAMS

326 S. Water St., Suite 1  
Kittanning, PA 16201

(724)548-3290  
(800)368-1066

Email:

[aaa@co.armstrong.pa.us](mailto:aaa@co.armstrong.pa.us)

Web Site:

[www.co.armstrong.pa.us](http://www.co.armstrong.pa.us)

Janet D. Talerico, Executive Director