



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Computer/Wii Puzzles/Cards Piano/Singing
4 <b>Diabetes Class - 9:30 - 11</b> Computer/Wii Puzzles/Cards Piano/Singing	5 <b>Site Council Meeting - 10:00</b> Computer/Wii Puzzles/Cards Piano/Singing	6 <b>Chair Yoga 50/50</b> Computer/Wii Puzzles/Cards Piano/Singing	7 Computer/Wii Puzzles/Cards Piano/Singing	8 <b>Chair Yoga</b> Computer/Wii Puzzles/Cards Piano/Singing
11 <b>Diabetes Class - 9:30 - 11</b> Computer/Wii Puzzles/Cards Piano/Singing	12 <b>Prize Bingo</b> Computer/Wii Puzzles/Cards Piano/Singing	13 <b>Chair Yoga 50/50</b> Computer/Wii Puzzles/Cards Piano/Singing		15 <b>Chair Yoga</b> Computer/Wii Puzzles/Cards Piano/Singing
18 <b>Diabetes Class - 9:30 - 11</b> Computer/Wii Puzzles/Cards Piano/Singing	19 Computer/Wii Puzzles/Cards Piano/Singing	20 <b>Chair Yoga 50/50</b> Computer/Wii Puzzles/Cards Piano/Singing	21 <b>VNA/Wheel of Fortune</b> Computer/Wii Puzzles/Cards Piano/Singing	22 <b>Blood Pressure</b> <b>Chair Yoga</b> Computer/Wii Puzzles/Cards Piano/Singing
25 <b>Diabetes Class - 9:30 - 11</b> Computer/Wii Puzzles/Cards Piano/Singing	26 <b>Dime Bingo</b> Computer/Wii Puzzles/Cards Piano/Singing	27 <b>Chair Yoga 50/50</b> Computer/Wii Puzzles/Cards Piano/Singing	28 <b>Blood Pressure</b> Computer/Wii Puzzles/Cards Piano/Singing	29 <b>Chair Yoga</b> Computer/Wii Puzzles/Cards Piano/Singing

To reserve a meal, please call your local center by 11:00 the day before or call the Area Agency on Aging office 724-548-3290 or 800-368-1066