

## Older Americans Month - May 2009

Written by The Office of the Commissioners  
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May 2009 was proclaimed "Older American's Month" by the Armstrong County Commissioners at today's Public Meeting. Armstrong County is home to more than 16,000 Americans over the age of 60. Many of these residents are employed and very active members of the community, but for those who are in need of assistance or somewhere to go, Area Agency on Aging is there to help. With services available year round it is with great pleasure that they honor their participants. A special dinner was held at each of the Senior Centers this week to honor the Older Americans of Armstrong County. The Agency has been busy preparing for several upcoming events. A spelling bee was held on May 8th at the Area Agency on Aging. May 20th will be the third annual Senior Art Exhibit from 4:30 to 7:30, several of the artists will be at the event. Once again there will be the competitive but always fun Senior Games to be held June 22nd to the 25th.