

HEALTHY Armstrong Recognized

Written by The Office of the Commissioners
Wednesday, 10 June 2009 12:17

At today's Public Meeting the Armstrong County Board of Commissioners signed a proclamation to make April 2009 Armstrong County Wellness Month. HEALTHY Armstrong was recognized and commended for its outstanding effort in promoting a healthier community. HEALTHY Armstrong consists of five major partners: ACMH Hospital and Foundation, Armstrong School District, Children's Community Care-Armstrong, the County of Armstrong, and UPMC Health Plan.

Armstrong County has the distinction of being the first We Can! County (Ways to Enhance Children's Activity and Nutrition). The program strives to strengthen and create healthier lifestyle choices for the youth through food choices and increased physical activity.

Kay Owen, Project Director of Armstrong County Hospital discussed further developing the project to include families. She invited everyone to view the project's goals and accomplishments on the internet at www.healthyarmstrong.com, (.net or .org may also be used).

Picture from left to right: Commissioner Rich Fink, Commissioner Patty Kirkpatrick, Kay Owen – HEALTHY Armstrong, Dr. Hal Altman, Devin Lorigan – Armstrong School District, Commissioner Jim Scahill, Michelle Tallman – UPMC Health Plan